



One Line Apps

One Line: From where you are, to where you could be.

Person 1 _____

Person 2 _____

GOALS: for person 1 and 2

DATE													GOAL	
EXERCISE	Per1	Per2	Per1	Per1	Per1	Per2	Per1	Per2	Per1	Per2	Per1	Per2	Per1	Per2

Person 1's notes

Person 2's notes

DATE													GOAL	
EXERCISE	Per1	Per2	Per1	Per1	Per1	Per2	Per1	Per2	Per1	Per2	Per1	Per2	Per1	Per2

Person 1's notes

Person 2's notes